

# Authentic • Professional • Programs



## DO IT YOURSELF

self-directed

- Online subscription
- Weekly assignments
- Discover the impact of self-leadership
- Self-directed
- Work at your own pace with 24/7 access to our online training platform
- Exploratory call with a coach
- Monthly terminable
- Optional: book your additional, individual coaching sessions



## CAREER COACHING

directed

- 6 months individual program
- Monthly coaching sessions
- Focus on professional growth and self-leadership
- Directed by your personal coach from our 75inQ Coach Team
- Individual assignments on our online training platform
- Free advisory call
- Network access & advice
- Access to 75inQ's Community



## CAREER TRANSITION

directed

- 12 months intensive program
- Monthly coaching sessions
- Focus on professional growth and self-leadership
- Covering all aspects of a career transition
- Directed by your personal coaches from our Career in Transition Team
- Individual assignments
- Custom-made online content
- Up to three advisory calls
- Network access & advice
- Access to 75inQ's Community



Not sure yet? Schedule a 20' call to EXPLORE your options and get the first month of our online program for free!

Use the QR-code for quick entrance >



www.75inQ.com

YOUR NEXT STEP, SUPPORTED BY 75inQ